



ISSUE 1 - JANUARY TRIMESTER 2022

The Link: Employability News & Updates



Hello everyone! Welcome to our first issue of **“The Link”**, Murdoch Dubai’s Employability Newsletter! The key goal of this newsletter is to communicate employability-related news and updates to you, our promising students. This will help you remain conversant with the evolving employability landscape, thereby supporting you in your preparation for your unique, future careers. This newsletter will be published periodically throughout the academic year.

Best wishes for a safe, productive, and enjoyable trimester. Cheers!

What’s in this newsletter?

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| 1 | What’s Your New Year’s Resolution? |
| 2 | Incorporate Fun Activities in your Routine |
| 3 | Employability Enhancement and Career Coaching |
| 4 | Employability Workshops |
| 5 | Career Portal |
| 6 | Your bucket list for ultimate Employability Preparation |

What’s your new year’s resolution?

Every year, the new year offers an opportunity to strive for a few new goals and follow them through. Whether you aspire to live healthier, connect with old friends, or pursue your career goals, we hope you have identified 2-4 goals that you will work towards achieving them during 2022. And remember that every step you take towards your betterment is a step in the right direction. Celebrate your baby steps and reward yourself in your journey to become the best version of yourself..

Incorporate fun activities in your routine

As you work very hard towards your academic and professional pursuits, make sure to identify activities that you enjoy doing – then, plan to do them regularly. Also, keep self-care as an inherent part of your daily routine. When planning or reviewing your schedule, block off time for your well-being and participate in activities you cherish – be it reading, sports, baking, trekking, or anything that tickles your fancy. Mix activities into your routine to create diversity. Take a walk early mornings, play board games with family, choose a television series to follow, or read for 10 minutes before going to bed. Research has shown that the pursuit of your passions and hobbies enables you to:

- better manage your stress and enhance a sense of self-fulfillment,
- boost confidence and self-esteem, and
- increase productivity.



Employability Enhancement and Career Coaching at Murdoch Dubai

Our Employability Support Officer, Uzma Shaheen, offers individual and group Career Counselling to students. You can set-up appointments with her to:

- Review your Resume & Cover Letter
- Build and enrich your LinkedIn profile
- Explore novel career paths
- Prepare for technical and behavioral interviews
- Discuss employee contract terms and conditions
- And many more!

Register for individual consultations or drop-in via **Zoom** every Wednesday from 1:00 pm–3:00 pm this trimester.

Employability Workshops

Stay tuned to exciting workshops to help you hone employability skills and develop a deeper understanding of the World of Work.

All sessions are virtual (via Zoom) and offered between 5:00–6:00 pm Dubai local time on the scheduled day. Our aim is to try to accommodate as many undergraduate and graduate students as possible.

If you have any ideas or requests for a specific employability workshop, please contact **Student Services** or **Uzma Shaheen**.

We are planning the following workshops for you during the January trimester:

1. Guest Speaker Session - Wednesday, March 16, 2022 (5PM - 6PM)
2. Landing your Dream Job/Internship – Monday, March 28, 2022 (5PM - 6PM)

Check out 3 of our previous workshops conducted during the September 2021 trimester!

| # | Workshop Title | Recording | Slides | Additional Resources to take with you |
|---|--|-----------------------|--------------------|--|
| 1 | Building your CV | | Slides Link | <ul style="list-style-type: none"> • Resume Checklist • Resume Template (Sample) |
| 2 | Digitizing your Personal Brand | Recording Link | Slide Link | <ul style="list-style-type: none"> • Creating your Networking Database • Creating your Job Apps Database <p>Standing out on LinkedIn:</p> <ul style="list-style-type: none"> • Effective Commenting • How to Reach Out to Individuals, whether you know them or not! • Following up on a request on LinkedIn |
| 3 | Guest Speaker Session – Entrepreneurship in the Word of Work | Recording Link | Slides Link | |

Career Portal

Are you seeking internships, part-time, or full-time work? Murdoch Dubai's designated Career Portal offers its students and alumni free access to jobs posted by hundreds of companies and corporate partners!

Register today – It only takes 5 minutes, if your CV is ready. If it isn't ready, then don't worry, just set up an appointment with **Uzma Shaheen**, our Employability Support Officer!

Please sign up **Murdoch Dubai Career Portal** now.

Your bucket list for ultimate Employability Preparation

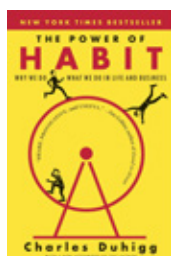
Networking:

This month, make it a point to connect with 4-5 people on LinkedIn. It could be:

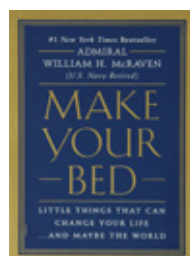
1. a classmate,
2. a recruiter or professional contact in an organization you wish to work at,
3. a potential mentor or subject-matter expert in your own field.
4. an old friend,
5. As a bonus, follow a famous person in your field (Bill Gates, Sundar Pichai, etc.) to remain knowledgeable of the mega-trends within your specific career trajectory.

Enlightenment in our Bookworm Corner:

Here are two book recommendations to stimulate your young mind and inculcate good habits early-on:



The power of Habit
by Charles Duhigg



Make Your Bed
by Admiral William
H. McRaven

Click here to checkout an article that predicts that 86% of Recruiters Expect Remote Hiring to Increase in 2022. Good news for students seeking work, especially if you're looking for a remote role!

Interesting statistics regarding the World of Work:

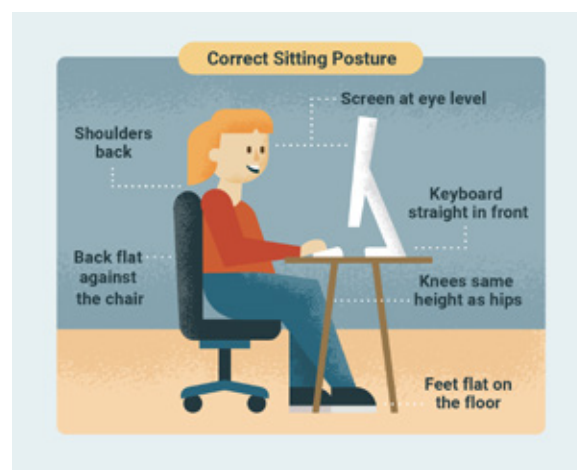
Global studies indicate that recognition is by far the #1 factor in inspiring people to be the best they can be. In the World of Work, higher pay, promotion, autonomy, or professional development opportunities do not even come close to how effective praise is in changing people's behaviors. **Make sure you appreciate someone today!**

Quote and Question of the month:

"Become so skilled, vigilant, and flat out fantastic at what you do that your talent cannot be dismissed. Only you have the power to take the responsibility to move your life forward. When you are excellent, you become unforgettable" – Oprah Winfrey

What do you want to become unforgettable about?

Postulate Better Posture!



Shift your mindset, stay motivated and achieve great things in life!

- Engage in 30-mins of Skill Development every weekend. Dive deep into an important technical concept within your specific field! Then, plan what you will focus on during the next weekend and stick to it!
- Form a learning community with other fellow students. Find out what are they working towards. Lean on each other to help you all succeed!
- Make the time to enjoy and have fun!

Have a great January Trimester!

We would love to hear from you!

Feel free to send your comments or ideas to Uzma.Shaheen@murdoch.edu.au

Thank you!